









SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<b>LOCATION</b> Gen Activity Room (Gen-AR) Gen Activity Room (Gen-Sen) Gen Common area (Gen-AR) Gen Common area (Gen-CA) Gen Sensory Room (Gen-Sen) Theatre (TH)	<b>ACTIVITY LEGEND</b>  Be Adventurous  Be Challenged  Be Connected  Be Family  Be Inspired  Be Social  Be Well	* <b>Tune Into Me!</b> (Gen-CA) <b>1</b> 10:00am * Healing Harmonies Art Therapy (Gen-AR) 11:00am * Hydration Station (Gen-AR) 11:30am * Current Events (Gen-AR) 12:00pm * Bingo (Gen-AR) 3:30pm * Hand and Neck Massages (Gen-AR) 4:00pm * Bowling (Gen-CA)	10:30am * Music and Movements! (Gen-CA) <b>2</b> 11:00am * Hydration Station (Gen-AR) 12:00pm * Balloon Volleyball (Gen-Sen) 2:00pm * Bowling (Gen-AR) 3:00pm * National Geographic (Gen-AR) 3:30pm * Sensory and Aromatherapy (Gen-Sen)	* <b>Tune Into Me!</b> (Gen-CA) <b>3</b> 10:00am * Danceworks Kids Intergenerational Program (Gen-CA) 11:00am * Hydration Station (Gen-AR) 12:00pm * Hand hygiene and Nail cleaning (Gen-AR) 2:30pm * Movie and Popcorn (Gen-AR) 4:00pm * Dance Music (Gen-AR) 6:00pm * Movie Night (TH)	10:30am * Music and Movements! (Gen-CA) <b>4</b> 12:00pm * Bingo (Gen-CA) 3:00pm * Refreshment pass (Gen-AR)	
	10:30am * Music and Movements! (Gen-CA) <b>5</b> 11:00am * Sunday Spiritual Sounds (Gen-CA) 12:00pm * Music and Puzzle Time (Gen-CA) 2:30pm * Residents Choice (Gen-AR)	* <b>Tune Into Me!</b> (Gen-CA) <b>6</b> 10:30am * Music and Movements! (Gen-CA) 11:00am * Snack Time (Gen-AR) 11:30am * Hand Hygiene (Gen-AR) 12:00pm * Nail Care (Gen-CA) 2:30pm * Relaxing to Soft Jazz Music (Gen-AR) 4:00pm * Room visits	10:30am * Music and Movements! (Gen-CA) <b>7</b> 11:00am * Snack Time (Gen-AR) 11:30am * Healing Harmonies Music Therapy (Gen-AR) 12:00pm * Bean Bag Toss! (Gen-AR) 3:30pm * Pokeno (Gen-AR)	* <b>Tune Into Me!</b> (Gen-CA) <b>8</b> 10:30am * Music and Movements! (Gen-CA) 11:00am * Hydration Station (Gen-AR) 11:30am * Current Events (Gen-AR) 12:00pm * Bingo (Gen-AR) 3:30pm * Hand and Neck Massages (Gen-AR) 4:00pm * Bowling (Gen-CA)	10:30am * Music and Movements! (Gen-CA) <b>9</b> 11:00am * Hydration Station (Gen-AR) 12:00pm * Balloon Volleyball (Gen-Sen) 2:00pm * Bowling (Gen-AR) 3:00pm * National Geographic (Gen-AR) 3:30pm * Sensory and Aromatherapy (Gen-Sen)	* <b>Tune Into Me!</b> (Gen-CA) <b>10</b> 10:00am * Danceworks Kids Intergenerational Program (Gen-CA) 12:00pm * Hand hygiene and Nail cleaning (Gen-AR) 2:30pm * Movie and Popcorn (Gen-AR) 4:00pm * Dance Music (Gen-AR) 6:00pm * Movie Night (TH)	10:30am * Music and Movements! (Gen-CA) <b>11</b> 12:00pm * Bingo (Gen-CA) 3:00pm * Refreshment pass (Gen-AR)
	10:30am * Music and Movements! (Gen-CA) <b>12</b> 11:00am * Sunday Spiritual Sounds (Gen-CA) 12:00pm * Music and Puzzle Time (Gen-CA) 2:30pm * Residents Choice (Gen-AR)	* <b>Tune Into Me!</b> (Gen-CA) <b>13</b> 10:30am * Music and Movements! (Gen-CA) 11:00am * Snack Time (Gen-AR) 11:30am * Hand Hygiene (Gen-AR) 12:00pm * Nail Care (Gen-CA) 2:30pm * Relaxing to Soft Jazz Music (Gen-AR) 4:00pm * Room visits	10:30am * Music and Movements! (Gen-CA) <b>14</b> 11:00am * Snack Time (Gen-AR) 11:30am * Left Right Center (Gen-AR) 12:00pm * Bean Bag Toss! (Gen-AR) 3:30pm * Pokeno (Gen-AR)	* <b>Tune Into Me!</b> (Gen-CA) <b>15</b> 10:00am * Healing Harmonies Art Therapy (Gen-AR) 11:00am * Hydration Station (Gen-AR) 11:30am * Current Events (Gen-AR) 12:00pm * Bingo (Gen-AR) 3:30pm * Hand and Neck Massages (Gen-AR) 4:00pm * Bowling (Gen-CA)	10:30am * Music and Movements! (Gen-CA) <b>16</b> 11:00am * Hydration Station (Gen-AR) 12:00pm * Balloon Volleyball (Gen-Sen) 2:00pm * Bowling (Gen-AR) 3:00pm * National Geographic (Gen-AR) 3:30pm * Sensory and Aromatherapy (Gen-Sen)	* <b>Tune Into Me!</b> (Gen-CA) <b>17</b> 10:00am * Danceworks Kids Intergenerational Program (Gen-CA) 11:00am * Hydration Station (Gen-AR) 12:00pm * Hand hygiene and Nail cleaning (Gen-AR) 2:30pm * Movie and Popcorn (Gen-AR) 4:00pm * Dance Music (Gen-AR) 6:00pm * Movie Night (TH)	10:30am * Music and Movements! (Gen-CA) <b>18</b> 12:00pm * Bingo (Gen-CA) 3:00pm * Refreshment pass (Gen-AR)
	10:30am * Music and Movements! (Gen-CA) <b>19</b> 11:00am * Sunday Spiritual Sounds (Gen-CA) 12:00pm * Music and Puzzle Time (Gen-CA) 2:30pm * Residents Choice (Gen-AR)	* <b>Tune Into Me!</b> (Gen-CA) <b>20</b> 10:30am * Music and Movements! (Gen-CA) 11:00am * Snack Time (Gen-AR) 11:30am * Hand Hygiene (Gen-AR) 12:00pm * Nail Care (Gen-CA) 2:30pm * Relaxing to Soft Jazz Music (Gen-AR) 4:00pm * Room visits	10:30am * Music and Movements! (Gen-CA) <b>21</b> 11:00am * Snack Time (Gen-AR) 11:30am * Healing Harmonies Music Therapy (Gen-AR) 12:00pm * Bean Bag Toss! (Gen-AR) 3:30pm * Pokeno (Gen-AR)	* <b>Tune Into Me!</b> (Gen-CA) <b>22</b> 10:30am * Music and Movements! (Gen-CA) 11:00am * Hydration Station (Gen-AR) 11:30am * Current Events (Gen-AR) 12:00pm * Bingo (Gen-AR) 3:30pm * Hand and Neck Massages (Gen-AR) 4:00pm * Bowling (Gen-CA)	10:30am * Music and Movements! (Gen-CA) <b>23</b> 11:00am * Hydration Station (Gen-AR) 12:00pm * Balloon Volleyball (Gen-Sen) 2:00pm * Bowling (Gen-AR) 3:00pm * National Geographic (Gen-AR) 3:30pm * Sensory and Aromatherapy (Gen-Sen)	* <b>Tune Into Me!</b> (Gen-CA) <b>24</b> 10:00am * Danceworks Kids Intergenerational Program (Gen-CA) 11:00am * Hydration Station (Gen-AR) 12:00pm * Hand hygiene and Nail cleaning (Gen-AR) 2:30pm * Movie and Popcorn (Gen-AR) 4:00pm * Dance Music (Gen-AR) 6:00pm * Movie Night (TH)	10:30am * Music and Movements! (Gen-CA) <b>25</b> 12:00pm * Bingo (Gen-CA) 3:00pm * Refreshment pass (Gen-AR)
	10:30am * Music and Movements! (Gen-CA) <b>26</b> 11:00am * Sunday Spiritual Sounds (Gen-CA) 12:00pm * Music and Puzzle Time (Gen-CA) 2:30pm * Residents Choice (Gen-AR)	* <b>Tune Into Me!</b> (Gen-CA) <b>27</b> 10:30am * Music and Movements! (Gen-CA) 11:00am * Snack Time (Gen-AR) 11:30am * Hand Hygiene (Gen-AR) 12:00pm * Nail Care (Gen-CA) 2:30pm * Relaxing to Soft Jazz Music (Gen-AR) 4:00pm * Room visits	10:30am * Music and Movements! (Gen-CA) <b>28</b> 11:00am * Snack Time (Gen-AR) 11:30am * Left Right Center (Gen-AR) 12:00pm * Bean Bag Toss! (Gen-AR) 3:30pm * Pokeno (Gen-AR)	* <b>Tune Into Me!</b> (Gen-CA) <b>29</b> 10:00am * Healing Harmonies Art Therapy (Gen-AR) 11:00am * Hydration Station (Gen-AR) 11:30am * Current Events (Gen-AR) 12:00pm * Bingo (Gen-AR) 3:30pm * Hand and Neck Massages (Gen-AR) 4:00pm * Bowling (Gen-CA)	10:30am * Music and Movements! (Gen-CA) <b>30</b> 11:00am * Hydration Station (Gen-AR) 12:00pm * Balloon Volleyball (Gen-Sen) 2:00pm * Bowling (Gen-AR) 3:00pm * National Geographic (Gen-AR) 3:30pm * Sensory and Aromatherapy (Gen-Sen)		