

November 2023 Assisted Living Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HEARTIS	LOCATION AL Activity Room (AL-AR) Art Studio (ArtS) Bistro (B) Dining Room (DR) Piano Bar (PB) Theatre (TH)	ACTIVITY LEGEND Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well Gold Key Club	9:30am Communion + Study with Calvary Lutheran Church Deacon (PB) 11:30am Fit n' Fun Exercise (PB) 1:30p Music Appreciation: The Ukrainian Freedom Orchestra (TH) 3:30pm Classic Movie Trivia (AL-AR)	10:30am Tech Time W/ Kennedy (B) 10:30am Guided Meditation Session (ALAR) 11:30am Get Fit Exercise Class (PB) 2:00pm Dia de los Muertos Art Exhibit Outing	Medical Transportation Day 10:30am ■ Rosary with Annette (PB) 11:30am ■ Get Fit Exercise Class (PB) 1:30pm ■ MINIMALISM: The Art of Keeping it Simple Documentary (TH) 3:30pm ■ Happy Hour: Harvey Wallbanger (PB)	11:00am Chili Cookoff (PB) 11:30am Get Fit Exercise Class (PB) 1:30pm Bingo! (PB)
10:00am Sunday Communion w/ Deacon Brian (PB) 11:30am Get Fit Exercise Class (PB) 1:30pm Silver Screens Movie Matinee: A Dog's Purpose (TH)	10:00am Manicure Monday (AL-AR) 11:00am Poetry Club (B) 1:30pm Let's Talk w/ Bobbie (AL-AR) 3:00pm Let's Make Music Together (PB)	Medical Transportation Day 10:30am Art Class (ArtS) 11:30am Get Fit Exercise Class (AL-AR) 1:30pm Goodman-Bensman Dog Therapy (PB) 2:30pm Bingo! (PB)	9:30am Communion + Study with Calvary Lutheran Church Deacon (PB) 10:30am Get Fit Exercise Class (PB) 11:00am Red Hat Ladies Luncheon 6:00pm Lutheran Bible Study Group (PB)	10:00am Health Topics W Toni (B) 11:30am Get Fit Exercise Class (PB) 2:30pm Metro Market Shopping Outing	Medical Transportation Day 10:30am Rosary with Annette (PB) 11:00am Veterans Day Ceremony w/ Vitas (PB) 3:30pm Wear Your Favorite Sports Team Happy Hour (PB)	11:30am Get Fit Exercise Class (PB) 1:30pm Resident Game Choice (B)
10:00am Sunday Communion w/ Deacon Brian (PB) 11:30am Get Fit Exercise Class (PB) 1:30pm Silver Screens Movie Matinee: The Art of Racing in the Rain (TH)	10:00am Manicure Monday (AL-AR) 11:00am Poetry Club (B) 1:30pm Board Game Battles: Scrabble (B) 3:00pm Tech Time w/ Kennedy (B)	Medical Transportation Day 11:00am ** Ada Strings Duo Live Music (PB) 1:00pm ** All Resident Council (DR) 2:30pm ** Bingo! (PB)	9:30am Communion + Study with Calvary Lutheran Church Deacon (PB) 11:00am Romeo Men's Lunch 11:30am Fit n' Fun Exercise (PB)	10:30am Guided Meditation Session (AL-AR) 11:30am Get Fit Exercise Class (PB) 1:30pm Milwaukee Art Museum Outing	Medical Transportation Day 10:30am Rosary with Annette (PB) 11:30am Get Fit Exercise Class (PB) 2:30pm Parkinson's Support Group (AL-AR) 3:30pm Friendsgiving Happy Hour (PB)	11:30am Get Fit Exercise Class (PB) 1:30pm Bingo! (PB)
10:00am Sunday Communion w/ Deacon Brian (PB) 11:30am Get Fit Exercise Class (PB) 1:30pm Silver Screens Movie Matinee: Annie's Point (TH)	10:00am Manicure Monday (AL-AR) 20 11:00am Poetry Club (B) 4:00pm Janet Ransdell Live Piano Music (PB) 5:00pm Thanksgiving Dinner (DR)	Medical Transportation Day 10:30am Thanksgiving Wreath Art Class (ArtS) 11:30am Get Fit Exercise Class (AL-AR) 2:30pm Bingo! (PB) 4:00pm Memory Care Support Group (AL-AR)	9:30am Communion + Study with Calvary Lutheran Church Deacon (PB) 11:30am Fit n' Fun Exercise (PB) 1:30pm Metro Market Shopping Outing	Happy Thanksgiving 23	Medical Transportation Day 10:30am Rosary with Annette (PB) 11:30am Get Fit Exercise Class (PB) 1:30pm Rabbi Deren Visit (PB) 3:30pm Happy Hour: Old Fashioned (PB)	11:30am Get Fit Exercise Class (PB) 1:30pm Resident Game Choice (B)
10:00am Sunday Communion w/ Deacon Brian (PB) 11:30am Get Fit Exercise Class (PB) 1:30pm Silver Screens Movie Matinee: A Women in Gold (TH)	10:00am Manicure Monday (AL-AR) 11:00am Poetry Club (B) 1:30pm Men's Club (AL-AR) 3:00pm Conversations & Connections (B)	Medical Transportation Day 10:30am → Art Class (ArtS) 11:30am → Get Fit Exercise Class (AL-AR) 2:30pm → Bingo! (PB)	9:30am Communion + Study with Calvary Lutheran Church Deacon (PB) 11:30am Fit n' Fun Exercise (PB) 1:30pm Celebrating November Birthdays (PB) 3:00pm Vienna Philharmonic Summer Night Concert (TH)	10:30am Guided Meditation Session (AL-AR) 11:30am Get Fit Exercise Class (PB) 1:00pm Beyond King Tut Outing		