































































































































































# September 2022 Assisted Living Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>LOCATION</b> <b>AL Activity Room (AL-AR)</b> <b>AL Courtyard (AL-CY)</b> <b>Art Studio (Arts)</b> <b>Back Patio (BP)</b> <b>Bistro (B)</b> <b>Dining Room (DR)</b> <b>Fitness Center (FC)</b> <b>Piano Bar (PB)</b> <b>Theatre (TH)</b>	<b>ACTIVITY LEGEND</b>  <b>Be Adventurous</b>  <b>Be Challenged</b>  <b>Be Connected</b>  <b>Be Family</b>  <b>Be Inspired</b>  <b>Be Social</b>  <b>Be Well</b>	<p><b>*Calendar may be subject to change</b></p>	10:00  Group Exercise (PB) 10:30  Piano Bar sing along! (PB) <b>1</b> 12:00 Dessert pass at lunch! (chocolate cake square) 12:30  New Wellness Program Introduction (DR) 2:00  Make and take crafts w/ Janae! (PB) 6:30  Smore's/nightcap in the courtyard! (AL-CY)	<b>Medical Transport Day</b> <b>2</b> 10:00  Group Exercise (PB) 10:30  Rosary with Annette (PB) 12:00 Movie vote for Weekend! (DR) 12:00  Weekend wind-down packets in Lobby (B) 2:00  Art Studio (PB) 3:00  Steven Spielberg themed Symphony (in theater w/ wine) (TH)	10:00  Group Exercise (PB) <b>3</b> 10:30  Art Expressions (Coloring) Resident led (PB) 1:30  Movie Showing w/ Popcorn! (TH) 3:30  Patio Pastimes (BP)
<b>National Wildlife Day</b> <b>4</b> 10:00  Deacon W. church service (PB) 10:30  Spiritual Workbook pass (B) 2:00  Growing up Animal (Nat Geo wildlife feature) (PB) 3:15  Happy Hour (PB)	<b>Labor Day</b> <b>5</b> 10:00  Group Exercise (PB) 10:30  Axe throwing game! (PB) 11:00  Cranium crunch work books! (PB) 1:15  Manicure Monday (nail cleaning, too!) (PB) 3:00  Story Hour (by pond patio doors) (BP)	<b>Medical Transport Day</b> <b>6</b> 10:00  Group Exercise (PB) 10:30  Scott Bestor (guest speaker) (PB) 12:00 Dessert pass at lunch! (Oatmeal choco chip cookies) 2:30  Frogwater Live Performance! (PB)	<b>National Beer Lover's Day</b> <b>7</b> 10:00  Group Exercise (PB) 10:30  Coffee/Tea social w/ cognitive exercises (PB) 11:00  Bi-weekly shopping outing (Walmart) 12:00  Beer at lunch! (In honor of National Beer Lover's day!) (DR) 2:30  Jeopardy Game! (PB)	10:00  Group Exercise (PB) <b>8</b> 10:30  Piano Bar sing along! (PB) 12:00 Dessert pass at lunch! (pumpkin bread) 2:00  Armchair Travel (Italy) (AL-AR) 3:00  Active games w/ Janae (PB) 6:30  Smore's/nightcap in the courtyard! (AL-CY)	<b>Medical Transport Day</b> <b>9</b> 10:00  Group Exercise (PB) 10:30  Rosary with Annette (PB) 12:00 Movie vote for Weekend! (DR) 12:00  Weekend wind-down packets in Lobby (B) 2:30  Art Studio/Jewelry making w/ Janae (AL-AR) 3:00  Kopp's Custard run! (take a ride in the bus)	10:00  Group Exercise (PB) <b>10</b> 10:30  Art Expressions (Coloring) Resident led (PB) 1:30  Movie Showing w/ Popcorn! (TH) 3:30  Patio Pastimes (BP)
10:00  Deacon W. church service (PB) <b>11</b> 10:30  Spiritual Workbook pass (B) 2:00  9/11 Documentary (a look 20 years later) (TH) 2:30  Who am I? Trivia (PB) 3:15  Happy Hour (PB) 3:25  Packer party w/ drinks and snacks! (PB)	<b>National Chocolate Milkshake day</b> <b>12</b> 10:00  Group Exercise (PB) 10:30  bowling! (PB) 11:00  Cranium crunch work books! (PB) 12:00 Chocolate shakes at lunch! (in honor of National Chocolate shake day) 1:15  Manicure Monday (nail cleaning, too!) (PB) 3:00  Story Hour (by pond patio doors) (BP)	<b>Medical Transport Day</b> <b>13</b> 10:00  Group Exercise (PB) 10:30  Chaplain Rich visit (PB) 12:00 Dessert pass at lunch! (dark chocolate zucchini bread) 2:00  BINGO (PB) 3:00  Bingo winner's Grab a prize! (PB) 3:30  Kopp's Custard run! (take a ride in the bus)	10:00  Group Exercise (PB) <b>14</b> 10:30  Coffee/Tea social w/ cognitive exercises (PB) 2:00  "Who Wants to be a Millionaire" trivia game (PB) 2:30  Heartis Beer Garden (B) 3:30  Resident led board games in Piano Bar (PB)	10:00  Group Exercise (PB) <b>15</b> 10:30  Boerner Botanical Garden outing! 10:30  Piano Bar sing along! (PB) 12:00 Dessert pass at lunch! (cranberry muffins) 2:00  Resident Council (PB) 3:15  Dart board and balloons! (PB) 6:30  Smore's/nightcap in the courtyard! (AL-CY)	<b>Medical Transport Day</b> <b>16</b> 10:00  Group Exercise (PB) 10:30  Rosary with Annette (PB) 12:00 Movie vote for Weekend! (DR) 12:00  Weekend wind-down packets in Lobby (B) 2:00  "October Sky" movie in theater (TH) 2:00  Pop-up Jewelry shop! (PB)	10:00  Group Exercise (PB) <b>17</b> 10:30  Art Expressions (Coloring) Resident led (PB) 11:00  Heartis Hike! (AL-CY) 1:30  Movie Showing w/ Popcorn! (TH) 3:30  Patio Pastimes (BP)
10:30  Spiritual Workbook pass (B) <b>18</b> 10:30  Rosary with Annette 2:00  Active Games! (PB) 3:15  Happy Hour (PB)	10:00  Group Exercise (PB) <b>19</b> 10:30  Bean Bag Toss! (PB) 11:00  Cranium crunch work books! (PB) 12:30  September Birthday Party! (DR) 1:15  Manicure Monday (nail cleaning, too!) (PB) 3:00  Story Hour (by pond patio doors) (BP)	<b>Medical Transport Day</b> <b>National String Cheese day</b> <b>20</b> 10:00  Group Exercise (PB) 10:30  Brain Games on the Jumbo Board! (PB) 12:00  "Last Day of Summer" Strawberry lemonade cocktail (DR) 2:00  BINGO (PB) 3:00  Bingo winner's Grab a prize! (PB) 3:15  String cheese and apple slices in the Bistro! (B)	<b>National Pecan Cookie Day</b> <b>21</b> 10:00  Group Exercise (PB) 10:30  Coffee/Tea social w/ cognitive exercises (PB) 11:00  Bi-weekly shopping outing (Mayfair Mall) 2:30  Jeopardy Game! (PB) 3:15  Coffee's "to go" with Pecan Sandies! (B)	10:00  Group Exercise (PB) <b>22</b> 10:00  Sister Jane Mary Visit (PB) 10:30  Piano Bar sing along! (PB) 12:00 Dessert pass at lunch! (lemon loaf bread w/ glaze) 2:00  MindFit Program (AL-AR) 2:30  Autumn Craft w/ Janae (Arts) 6:30  Smore's/nightcap in the courtyard! (AL-CY)	<b>Medical Transport Day</b> <b>23</b> 10:00  Group Exercise (PB) 10:30  Rosary with Annette (PB) 12:00 Movie vote for Weekend! (DR) 12:00  Weekend wind-down packets in Lobby (B) 1:00  Fall risk screening (FC) 2:30  Parkinson's Support Group (Arts) 4:00  Pre-dinner cocktail! (DR)	10:00  Group Exercise (PB) <b>24</b> 10:30  Art Expressions (Coloring) Resident led (PB) 1:30  Movie Showing w/ Popcorn! (TH) 3:30  Patio Pastimes (BP)
<b>Rosh Hashanah begins at Sunset</b> <b>25</b> 10:00  Deacon W. church service (PB) 10:30  Spiritual Workbook pass (B) 2:00  Rosh Hashanah reminiscence (PB) 3:15  Happy Hour (PB)	10:00  Group Exercise (PB) <b>26</b> 10:30  Ring toss! (PB) 11:00  Cranium crunch work books! (PB) 1:15  Manicure Monday! (serenity and aromatherapy) (PB) 4:00  Resident led board games in Piano Bar (PB)	<b>Medical Transport Day</b> <b>Rosh Hashanah ends this evening</b> <b>27</b> 10:00  Group Exercise (PB) 10:30  Brain Games on the Jumbo Board! (PB) 11:00  Story Hour (by pond patio doors) (BP) 12:00 Dessert pass at lunch! (blueberry muffins) 2:30  Craig Seimsen Live Performance! (PB) 6:00  After dinner bingo! (DR)	10:00  Group Exercise (PB) <b>28</b> 10:30  Coffee/Tea social w/ cognitive exercises (PB) 1:30  Elite Hearing Specialist visit (device cleaning and hearing checks) (PB) 1:30  Manicure Monday! (serenity and aromatherapy) (PB) 3:00  Smoothies and jeopardy in the bistro! (B)	10:00  Group Exercise (PB) <b>29</b> 10:30  North Shore Library outing 10:30  Piano Bar sing along! (PB) 12:00 Dessert pass at lunch! (ice cream sandwiches) 2:00  Make and take crafts w/ Janae! 2:00  MindFit Program (AL-AR) 3:15  Vibrant Life discussions w/ refreshments (PB) 6:30  Smore's/nightcap in the courtyard! (AL-CY)	<b>Medical Transport Day</b> <b>30</b> 10:00  Group Exercise (PB) 10:30  Rosary with Annette (PB) 11:00  Men's Club (AL-AR) 12:00 Movie vote for Weekend! (DR) 12:00  Weekend wind-down packets in Lobby (B) 2:30  Cocktails and Charcuterie! (PB) 3:00  Slideshow picture guessing game (PB)	