## November 2019 **Assisted Living** HEARTIS

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday   |
|--|--|---|--|---|---|--|
| Physical Spiritual Social Intellectual   | MEETING PLACES SN - Salus Neighborhood FR - Fitness Room CR - Card Room MR - Media Room AR - Activities Room DH - Dining Hall LY - Lobby CRP - Card Room Patio SR - Sun Room |   | Data de afficia de maria de  | 7   | 1:15 Uno/Old Maid, CR 3:00 Catholic Communion, MR   | 2 % 9:30 Morning Coffee Chat, CR % 1:30 Bingo Bonanza, CR 4 3:00 Music W/Oasis Church, CR 4:00 Afternoon Stroll, SN                                    |
| Morning Stroll, SN  11:00 Morning Coffee Chat, DH  1:30 Church Service, MR  3:00 Game Club, CR  6:30 Sunday Night Movie Series, MR                                 | Dog Visits, SN  * 10:15 Fit 4 Life, FR   |   | <b>7 10:15</b> Morning Fitness with John, <i>FR</i>  |   | ## 9:15 Morning Stroll, SN ## 10:15 Morning Stretch, FR ## 1:15 Friday Farkle Fun, CR ## 3:00 Catholic Communion, MR ## 4:00 Creative Coloring & Current Events, AR ## 6:30 Movie & Popcorn, MR | ** 9:30 Morning Coffee Chat, CR ** 10:30 Card Making with Lisa, AR ** 10:30 Resident Choice, CR ** 1:30 Bingo Bonanza, CR Afternoon Stroll, SN         |
| 10:00 Morning Stroll, SN  10:00 Morning Stroll, SN  11:00 Morning Coffee Chat, DH  1:30 Church Service, MR  3:00 Game Club, CR  6:30 Sunday Night Movie Series, MR | 9:30 Boots the Therapy Dog Visits, SN 10:15 Strength w/weights, FR 11:00 Wheel of Fortune, MR 1:15 Shopping Target/Hobby Lobby, LY 3:00 Veterans Recognition Ceremony, CR    | Clinic, SR<br><sup>™</sup> 2:00 Game Time, CR   | John, FR  11:00 Jeopardy, MR  1:30 All residents food  | 14 10:00 Donuts, Coffee, & Chat, CRP 10:45 Heartis Helpers, AR 2:30 Thirsty Thursday & Trivia, CR 6:00 Neighborhood Stroll, SN  | Taste of Italy, LY <sup>1</sup> 1:15 Uno/Old Maid, CR  ✓ 3:00 Catholic Communion,   | 16  Signature 9:30 Morning Coffee Chat, CR  10:30 Residents Choice, CR  1:30 Bingo Bonanza, CR  4:00 Afternoon Stroll, SN                              |
|  | 18  3:30 Boots the Therapy Dog Visits, SN  10:15 Fit 4 Life, FR  11:00 Wheel of Fortune, MR  1:15 Shopping - Walmart, LY  1:30 Game Time, CR                                 | 4:00 Paul Gerny Jazz Vocalist, <i>CR</i>  | 20  3 9:00 Coffee & Chat W/ Sharry,  N 10:30 Silver Steppers Dance Show, DH 11:00 Jeopardy, MR 1:00 Fitness W/John, FR 2:00 All resident's monthly meeting, MR 3:30 All residents activity meeting, AR | 21  10:00 Donuts, Coffee, & Chat, CRP  10:45 Heartis Helpers, AR 2:30 Thirsty Thursday & Trivia W/ Trish, CR 5:00 Family Thanksgiving Dinner, DH 6:00 Neighborhood Stroll, SN | ** 1:15 Friday Farkle Fun,  CR  3:00 Catholic Communion,  MR  4:00 Creative Coloring &  Current Events AP   | 23  Signature 19:30 Morning Coffee Chat, CR 10:30 Card Making with Lisa, AR 10:30 Resident Choice, CR 1:30 Bingo Bonanza, CR 4:00 Afternoon Stroll, SN |
| ** 10:00 Morning Stroll, SN ** 11:00 Morning Coffee Chat, DH ** 1:30 Church Service, MR ** 3:00 Game Club, CR  | 25 9:30 Boots the Therapy Dog Visits, SN 10:15 Strength w/weights, FR 11:00 Wheel of Fortune, MR 1:15 Shopping-Kroger, LY  | 26  7 9:15 Morning Stroll, SN 7 10:15 Morning Stretch, FR 2:00 Game Time, CR 3:00 Bible Study, MR 7 6:00 Evening Stroll, SN | SN  7 10:15 Morning Fitness with John, FR  11:00 Jeopardy, MR  12:30 Monthly Birthday  | 28 10:00 Donuts, Coffee, & Chat, CRP 10:45 Heartis Helpers, AR 1:00 Health Talk with Trish, AR 2:30 Thirsty Thursday & Trivia, CR   | 1:15 Friday Farkle Fun,  CR 3:00 Catholic Communion,  | 30  Signature 30  Morning Coffee Chat, CR  10:30 Residents Choice, AR  1:30 Bingo Bonanza, CR  4:00 Afternoon Stroll, SN                               |

**6:30** Sunday Night

Movie Series, MR

FOLDING LAUNDRY), AS

6:00pm MOVIES TIME, MR

1:15 Shopping-Kroger, LY

6:00pm MOVIES TIME. MR

1:30 Game Time, CR

😘 6:30 Movie & Popcorn. MR

6:00pm MOVIES TIME

6:00 Neighborhood Stroll, SN Current Events, AR

**NOVEMBER 2019 MEMORY CARE** HEARTIS Eagles Mountain AL Partners LP (MC) **Thursday** Tuesday Wednesday **Friday Saturday** Sunday Monday DIMENSIONS OF WELLNESS **MEETING PLACES** FR - Fitness Room DH - Dining Hall 🌋 9:30am DANCE CHAIR VIDEO, FR 🌋 9:30am DANCE CHAIR VIDEO, FR Physical AR - Activities Room CR - Card Room 10:30am JEWELRY MAKING WITH 10:30am GAME OF QWIRKLE, TL Social SR - Salus Programming Room VC - Valeo Courtvard HE RESIDENTS, AR 1:00pm GAME OF SLOTZ BALL, AS **1:00pm** A GAME OF RUBBER CC - Create and Compose VMR - Valeo Media Room 2:00pm BEVERAGE AND COOKIES ORSESHOE AND GOLF GAME, VC MR - Media Room ON THE TERRACE, VC TL - Texas Hold'em Lounge **2:00pm** HAPPY HOUR-3:00pm WALL BASKETBALL (WALL APPETIZER, DRINKS, MUSIC AND AS - Art Studio MOUNT HOOP), VC CURRENT EVENT TALK, VC VN - Valeo Neighborhood 6:00pm MOVIES TIME WITH 2:30pm SCENIC DRIVE WITH THE TLO - Tranquility Lounge RIENDS, MR ESIDENTS, CC DP - Doll-up Parlor 6:00pm MOVIES TIME, MR 9:30am DANCE CHAIR VIDEO, FR 9:30am DANCE CHAIR VIDEO, 9:30am DANCE CHAIR VIDEO, FR 10:30am JEWELRY MAKING WITH 10:30am GAME OF QWIRKLE, TL 11:00am SUNDAY'S PRAISE AND 10:00am BOOTS THE THERAPY **10:30am** COOGAM WOODEN **10:30am** GEOBOARD GAME 10:00am THUMBALL MEMORY THE RESIDENTS, AR 1:00pm GAME OF SLOTZ BALL, AS DOG, VN WORSHIP, MR HEXAGON PUZZLE, **DH** (MEMORY), **AS** 1:00pm A GAME OF RUBBER ACTIVITY/GAME, **DH** 2:00pm BEVERAGE AND COOKIES 12:00pm CREATIVE COLORING/ **1:00pm** STORY TIME/READING **\* 10:30am** GAME OF GOLF WITH THE 12:30pm MANICURE AND HAND 1:00pm SING ALONE WITH HORSESHOE AND GOLF GAME, VC ON THE TERRACE, VC PAINTING, AS CLUB, TLO RESIDENTS, **DH** MASSAGE, DP **2:00pm** HAPPY HOUR-KARAOKE MACHINE, MR 3:00pm WALL BASKETBALL (WALL) **2:00pm** HAPPY HOUR-2:30pm ICE CREAM SOCIAL 1:00pm MONSTER RING TOSS 2:00pm HAPPY HOUR-1:00pm SING ALONE WITH APPETIZER, DRINKS, MUSIC AND MOUNT HOOP), VC APPETIZERS, DRINKS AND MUSIC, VC APPETIZERS, DRINKS AND MUSIC, GAME/CREATIVE COLORING, AS SCENIC DRIVE WITH THE RESIDENTS, KARAOKE MACHINE, **MR** CURRENT EVENT TALK, VC 6:00pm MOVIES TIME WITH **2:30pm** SCENIC DRIVE WITH THE **3:00pm** FALL SCARECROW **2:00pm** VALEO HANDS HELPER **2:00pm** HAPPY HOUR-FRIENDS, MR **3:30pm** PICTURE DETECTIVE, *TLO* RESIDENTS, CC (FOLDING LAUNDRY), AS, PAINTING. **DP** 3:00pm SENSORY BALL APPETIZERS, DRINKS AND MUSIC, VC MAKING, **AS** 10 11 15 16 9:30am DANCE CHAIR VIDEO, FR 9:30am DANCE CHAIR VIDEO, 9:30am DANCE CHAIR VIDEO, FR 10:30am JEWELRY MAKING WITH 10:30am COOGAM WOODEN 10:30am GAME OF QWIRKLE, TL 10:00am THUMBALL MEMORY 11:00am SUNDAY'S PRAISE AND **10:30am** GEOBOARD GAME 10:00am BOOTS THE THERAPY THE RESIDENTS, AR **1:00pm** GAME OF SLOTZ BALL, AS HEXAGON PUZZLE, **DH** WORSHIP, MR (MEMORY), AS DOG, VN ACTIVITY/GAME, **DH** 10:30am GAME OF GOLF WITH THE 1:00pm A GAME OF RUBBER 2:00pm BEVERAGE AND COOKIES **■ 12:00pm** CREATIVE COLORING/ 12:30pm MANICURE AND HAND 1:00pm STORY TIME/READING HORSESHOE AND GOLF GAME, VC 1:00pm BLOOD PRESSURE RESIDENTS, DH ON THE TERRACE, VC PAINTING, **AS** CLUB, *TLO* MASSAGE, **DP** CLINIC, MR 2:00pm HAPPY HOUR-2:30pm ICE CREAM SOCIAL 🐉 3:00pm WALL BASKETBALL (WALL 1:00pm MONSTER RING TOSS **2:00pm** HAPPY HOUR-APPETİZER,DRINKS,MUSIC AND 1:00pm SING ALONE (KARAOKE) 1:00pm SING ALONE WITH SCENIC, DH MOUNT HOOP), VC GAME/CREATIVE COLORING, AS APPETIZERS, DRINKS AND MUSIC**, VC** CURRENT EVENT TALK, VC KARAOKE MACHINE, MR 3:30pm PICTURE DETECTIVE, TLO 2:00pm HAPPY HOUR-6:00pm MOVIES TIME WITH **2:30pm** SCENIC DRIVE WITH THE **2:00pm** HAPPY HOUR-PPETIZERS, DRINKS AND MUSIC, VC **2:00pm** VALEO HANDS HELPER **3:00pm** ∨ETERANS 6:00pm MOVIES TIME WITH RIENDS, MR ESIDENTS, CC (FO<u>LDING LAUNDRY), **AS**</u> RECOGNITION CEREMONY, CR APPETIZERS, DRINKS AND MUSIC, 3:00pm CANVAS PAINTING, AS FRIENDS, MR 4 6:00pm MOVIES TIME, MR SOUND MOVIES TIME 6.00pm MOVIES TIME 20 21 22 17 18 19 23 9:30am DANCE CHAIR VIDEO, FR 9:30am DANCE CHAIR VIDEO. 9:30am DANCE CHAIR VIDEO, 9:30am DANCE CHAIR VIDEO, FR 10:30am JEWELRY MAKING WITH 🖰 10:30am GAME OF QWIRKLE, TL 11:00am SUNDAY'S PRAISE AND ¶ 10:30am SILVER STEPPERS DANCI **10:00am** THUMBALL MEMORY ₹ 10:30am GEOBOARD GAME THE RESIDENTS, AR 1:00pm GAME OF SLOTZ BALL, AS 10:00am BOOTS THE THERAP WORSHIP, MR SHOW, **DH** (MEMORY), AS \* 1:00pm A GAME OF RUBBER ACTIVITY/GAME, **DH** 2:00pm BEVERAGE AND COOKIES DOG, VN 12:00pm CREATIVE COLORING/ 10:30am GAME OF GOLF WITH THE 12:30pm MANICURE AND HAND HORSESHOE AND GOLF GAME, VC 1:00pm SING ALONE WITH ON THE TERRACE, VC **1:00pm** STORY PAINTING, **AS** RESIDENTS, DH MASSAGE, **DP** KARAOKE MACHINE, MR **2:00pm** HAPPY HOUR-3:00pm WALL BASKETBALL (WALL) TIME/READING CLUB, *TLO* **2:00pm** HAPPY-HOUR 1:00pm MONSTER RING TOSS 1:00pm SING ALONE KARAOKE APPETIZER, DRINKS, MUSIC AND 2:00pm HAPPY HOUR-MOUNT HOOP), VC **2:00pm** HAPPY HOUR-APPETIZERS, DRINKS, MUSIC AND CURRENT EVENT TALK, VC GAME/CREATIVE COLORING, AS APPETIZERS, DRINKS AND MUSIC, 2:00pm HAPPY HOUR-4:00pm MOVIES TIME WITH APPETIZERS, DRINKS AND MUSIC **2:00pm** VALEO HANDS HELPER URRENT EVENT DISCUSSION, CC 2:30pm SCENIC DRIVE WITH THE y 🗣 3:00pm BALLOON BAT, AS PPETIZERS, DRINKS AND MUSIC, VC FRIENDS, MR RESIDENTS, CC 5:00pm FAMILY THANKSGIVING FOLDING LAUNDRY), AS **3:30pm** PICTURE DETECTIVE, *TLO* 6:00pm MOVIES TIME DINNER, SR 6:00pm MOVIES TIME 4 6.00nm MOVIES TIME 6.00nm MOVIESTIME MR 6:00pm MOVIES TIME, MR 24 25 26 27 28 29 30 9:30am DANCE CHAIR VIDEO, 9:30am DANCE CHAIR VIDEO, FR 🌋 9:30am DANCE CHAIR VIDEO, FR 9:30am DANCE CHAIR VIDEO, FR 10:30am JEWELRY MAKING WITH 10:00am BOOTS THE THERAPY 10:30am GAME OF QWIRKLE, TL **10:30am** GEOBOARD GAME 11:00am SUNDAY'S PRAISE AND 10:30am GAME OF GOLF WITH THE THE RESIDENTS, AR 7 10:00am THUMBALL MEMORY DOG, *VN* 1:00pm GAME OF SLOTZ BALL, AS WORSHIP, MR RESIDENTS, DH (MEMORY), AS **1:00pm** STORY\_TIME/READING \* 1:00pm A GAME OF RUBBER ACTIVITY/GAME, **DH** 2:00pm BEVERAGE AND COOKIES 🕆 2:00pm HAPPY-HOUR APPETIZERS, 👫 12:30pm MANICURE AND HAND 12:00pm CREATIVE COLORING/ HORSESHOE AND GOLF GAME, VC 1:00pm SING ALONE WITH CLUB, TLO ON THE TERRACE, VC PAINTING, **AS** DRINKS, MUSIC AND CURRENT EVENT MASSAGE, **DP** KARAOKE MACHINE, MR 2:00pm HAPPY HOUR-2:00pm HAPPY HOUR-3:00pm WALL BASKETBALL (WALL) ISCUSSION, CC 1:00pm MONSTER RING TOSS 1:00pm SING ALONE WITH APPETIZER, DRINKS, MUSIC AND APPETIZERS, DRINKS AND MUSIC, 2:00pm HAPPY HOUR-MOUNT HOOP), VC GAME/CREATIVE COLORING, AS APPETIZERS, DRINKS AND MUSIC. **3:30pm** PICTURE DETECTIVE, *TLO* KARAOKE MACHINE, **MR** CURRENT EVENT TALK, VC **≤ 3:00pm** BOWLING WITH 6:00pm MOVIES TIME WITH **2:30pm** SCENIC DRIVE WITH THE **2:00pm** VALEO HANDS HELPER 3:00pm CREATIVE CANVAS **6:00pm** MOVIES TIME WITH FRIENDS, DH FRIENDS, MR ★ 3:00pm BALLOON BAT, AS RESIDENTS, CC

RIENDS, MR

6:00pm MOVIES TIME

PAINTING, AS

6:00pm MOVIES TIME, MR