Happy Thanksgiving *



NOVEMBER 2019 SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY Give thanks to the Lord, Dimensions of for he is good; his love Hello Wellness endures forever. -1 Chronicles 16:34 Physical

ovember

01 1:00a

FRIDAY SATURDAY 02 09:00a Intellectual Enlightenment 09:00a | Intellectual Enlightenment 09:30a Daily Chronicle 09:30a 🔋 Daily Chronicle 10:00a Strength Training 10:30a Daily Devotional 10:00a Exercise Training 11:00a Bingo BINGO w/ Ridgeviev 02:00p Afternoon Leisure 02:00p Cards/Dominoes Social 12:00p Afternoon Leisure 06:00p Puzzle Social 02:00p Heartis Store 03:00p | Want S'more? 06:30p Easy Listening

09

10:00a

23

11:00a Bingo

Meeting Places

Spiritual

Intellectual

Social

Card Room EC **Engagement Corner** WR Wellness Center AB Around the Building **Pretty Parlor** PP

AD AL Dining CT **Cowboy Theater** FL Front Lobby **Special Birthday**

Wanda Hayes-Nov.

Wishes To:

Jean Derrick-Nov. 24th

> All activities are subject to change without prior notice.

04 10:00a 11:00a BINGO 02:00p

11

09:30a

10:00a

11:00a

02:00p

09:00a Intellectual Enlightenment 09:30a Daily Chronicle 10:30a Daily Devotional Skip-Bo Social 02:00p Afternoon Leisure 06:00p Easy Listening

09:00a Intellectual Enlightenment

Afternoon Leisure

Daily Chronicle

Staying Active

10:30a Daily Devotional

BINGO

04:00p Black Jack Social

02:00p Trivia & Treats

06:00p Easy Listening

Veterans Day

05 09:00a Intellectual Enlightenment 09:30a Beauty Shop W/ Rebekah 09:30a Daily Chronicle 10:30a Pretty Nails Salon 02:00p Afternoon Leisure 02:00p Domino Social 03:00p Cooking Class w/ Chef Lynn 06:00p Popcorn/ Movie Night

09:00a Intellectual Enlightenment

09:30a Beauty Shop W/ Rebekah 09:30a Daily Chronicle

03:00p Cooking Class w/ Chef Lynn

10:30a Pretty Nails Salon

02:00p Afternoon Leisure

02:00p Music w/ Paul Baskin

06:00p Popcorn/ Movie Night

06 09:00a Intellectual Enlightenment 09:30a Daily Chronicle 10:00a Tai Chi Health & Recovery 10:30a Daily Devotional 11:00a BINGO 02:00p Afternoon Leisure 03:00p Pumpkin Pie Day w/ Tracy 06:30p Easy Listening

09:00a Intellectual Enlightenment

10:30a Daily Devotional

02:00p Afternoon Leisure

06:30p Easy Listening

02:00p Music w/ Ranny Reid

03:00p Spa Day- Pedicures

BINGO

11:00a BINGO

09:30a Daily Chronicle
10:00a Bethel Temple Church Worship

Tai Chi Health & Recovery

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09:00a Intellectual Enlightenment 09:00a Java with Jim 09:30a Zems n Gems 09:30a Daily Chronicle Wellness Check 10:00a 10:30a Daily Devotional 02:00p Afternoon Leisure 02:00p Worship Service with HOPE 03:30p Roll Them Dice

09:00a Java with Jim 09:30a Daily Chronicle

10:00a Wal-Mart Trip

10:00a Staying Active 10:30a Daily Devotional

Church 03:30p Roll Them Dice

09:00a Java with Jim

09:30a Daily Chronicle

10:00a Chair Yoga w/ Tara

10:30a Daily Devotional

02:00p Afternoon Leisure

02:00p Worship Service with HOPE

Afternoon Leisure

02:00p Worship Service with HOPE

04:00p Resident Council Meeting

09:00a Intellectual Enlightenment

07

14

02:00p

21

09:00a

10:00a 10:00a

11:00a

10:00a Kimball Arts Musem 10:00a Strength Training 10:30a Daily Devotional 11:00a BINGO 02:00p Afternoon Leisure 02:00p Cards/ Domino Social 06:30p Easy Listening **15** 09:00a Intellectual Enlightenment 09:00a Intellectual Enlightenment 09:30a Daily Chronicle 10:00a Strength Training

10:30a Daily Devotional

02:00p Heartis Store

06:30p Easy Listening

09:30a Daily Chronicle

10:00a Dollar Tree Outing

10:30a Daily Devotiona

02:00p Afternoon Leisure

06:30p Easy Listening

02:00p Afternoon Leisu

05:30p Christmas Light Outing 06:30p Easy Listening

02:00p Heartis Store

03:00p Want S'more?

All Day Solvere Connection

80

22

All Day Solvere Connection

06:30a-8:30a GENTLE WAKING- Shared

08:30a-10:30a ACTIVE LIVING- Jazzercise, Read CC All About It,

06:00p-8:00p with Music Community Connection- Evening CC catching up with news

All About It,
02:00p-4:00p
04:00p-6:00p
Transition Time- Resident Dining

with Music

2:00p-4:00p Afternoon Liesure-

All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared

08:30a-10:30a ACTIVE LIVING- Jazzercise, Read CC All About It, Kimbell Arts Museum, Hot Cocoa and Movie Matinee

Matinee
02:00p-4:00p
Afternoon Liesure- Flute
performance by CJ Sanatana
04:00p-6:00p
Transition Time- Resident Dining
with Music
06:00p-8:00p
Community Connection- Evening
catching up with news

06:30a-8:30a GENTLE WAKING- Shared Memories
08:30a-10:30a ACTIVE LIVING- Jazzercise, Read CC All About It!,

l:00p-6:00p Transition Time- Resident Dining with Music

06:00p-8:00p

Community Connection- Evening catching up with news

11:00a BINGO

02:00p

22

10:00a

11:00a BINGO w/ Ridgeviev

11:00a Juliet/Romeo lunch Outing

Afternoon Leisure

09:00a Intellectual Enlightenment

Strength Training

09:30a Daily Chronicle

09·00a ■ Intellectual Enlightenment

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06:00p Puzzle Social 16 09:00a Intellectual Enlightenment 09:30a Daily Chronicle 10:00a Exercise Training 11:00a Bingo 02:00p Afternoon Leisure 02:00p Cards/Dominoes Social 03:00p Herb Planter Craft 06:00p Puzzle Social

09:00a Intellectual Enlightenment

Exercise Training

02:00p Cards/Dominoes Social

09:30a Daily Chronicle

02:00p Afternoon Leisure

03:00p Sensory Bottle Craft

10th

17 09:00a | Intellectual Enlightenment 09:30a Daily Chronicle 10:30a Fun Facts & Activity Packs 02:00p Afternoon Leisure 02:00p Farkle/ Domino Social 03:00p Hot Chocolate w/ Marsh mellows 06:30p Easy Listening

09:00a Intellectual Enlightenment

10:30a Fun Facts & Activity Packs

Afternoon Leisure

09:30a Daily Chronicle

02:00p Afternoon Leisure

mellows 06:30p | Easy Listening

02:00p Farkle/ Domino Social

03:00p Hot Chocolate w/ Marsh

03

10

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02:00p

09:00a 🔋 Intellectual Enlightenment

10:30a Fun Facts & Activity Packs

09:30a Daily Chronicle

06:30p Easy Listening

02:00p Afternoon Leisure

02:00p Farkle/ Domino Social

03:00p Hot Chocolate w/ Marsh

09:00a Intellectual Enlightenment

09:30a Daily Chronicle
10:30a Fun Facts & Activity Packs

02:00p Afternoon Leisure

mellows 06:30p | Easy Listening

02:00p Farkle/ Domino Social

03:00p Hot Chocolate w/ Marsh

18 09:00a Intellectual Enlightenment 09:30a Daily Chronicle 10:00a Staying Active
10:30a Daily Devotional CR 11:00a BINGO 02:00p Afternoon Leisure 02:00p Christmas Wreaths 04:00p Black Jack Social 06:00p Easy Listening

09:00a Intellectual Enlightenment

Staying Active

Daily Devotional

Afternoon Leisure

Black Jack Social

09:30a Blood Drive

10:00a

10:30a

11:00a

02:00p

04:00p

09:30a Daily Chronicle

BINGO

06:00p Easy Listening

09:00a Intellectual Enlightenment WR CR 02:00p

10:30a

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09:00a Intellectual Enlightenment 09:30a Daily Chronicle
10:00a Tai Chi Health & Recovery 09:30a Beauty Shop W/ Rebekah 09:30a Daily Chronicle 10:30a Pretty Nails Salon 10:30a Daily Devotional Ken Nelson Music 11:00a 02:00p Afternoon Leisure 02:00p Afternoon Leisure 03:00p Cooking Class w/ Chef Lynn 02:00p Food Committee Meeting 06:00p Popcorn/ Movie Night 03:00p Spa Day- Pedicures 06:30p Easy Listening 26 09:00a Intellectual Enlightenment

09:30a Beauty Shop W/ Rebekah

Pretty Nails Salon

03:00p Cooking Class w/ Chef Lynn

09:30a Daily Chronicle

02:00p Afternoon Leisure

02:00p Music w/ Joe Ray

06:00p Popcorn/ Movie Night

09:00a | Intellectual Enlightenment 09:30a Daily Chronicle 10:00a Movie Theater N Lunch Outing 10:00a Tai Chi Health & R 10:30a Daily Devotional Tai Chi Health & Recovery 11:00a BINGO 02:00p Afternoon Leisure 06:30p Easy Listening

02:00p Afternoon Leisure 02:00p Worship Service with HOPE Church
03:30p Skip-Bo Social 06:00p Town Hall

Thanksgiving Day 09:00a Intellectual Enlightenme Java with Jim 09:30a Daily Chronicle Bethel Temple Outing Staying Active 10:30a Daily Devotional Thanksgiving Lunch Buffet

29 09:00a | Intellectual Enlightenment 09:30a Daily Chronicle 10:00a Strength Training 10:30a Daily Devotiona 11:00a BINGO

30 09:00a Intellectual Enlightenment 09:30a Daily Chronicle 10:00a Exercise Training 11:00a Bingo 02:00p Afternoon Leisure 02:30p Christmas Decorating 06:00p Puzzle Social

09:00a Intellectual Enlightenment

09:30a Daily Chronicle

10:00a Exercise Training

02:00p Afternoon Leisure

06:00p Puzzle Social

02:00p Cards/Dominoes Social

03:00p Christmas Centerpieces

11:00a Bingo

MEMORY CARE UESDAY IDAY **VEMBER 2019** 02 01 THANKS

06

HEARTIS SENIORS. LIVING.

Dimensions of Wellness

Physical 🕊 Spiritual Social **

Intellectual

Meeting Places

Card Room CC **Create and Compose** VD Valeo Dining Valeo Courtyard Apt Apartment

VT Valeo Theater **Tranquility Lounge** EC **Engagement Corner** PP **Pretty Parlor** FL Front Lobby Wellness Center

HAPPY BIRHDAY

Man Cave

MC

Wanda Hayes 10TH

Jean Derrick 24TH

Margaret Garcia 1ST

Conner Fuller 11th

Brandy Brantley 14th

Maria Herrada 15th

03

04 All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared
Memories
08:30a-10:30a ACTIVE LIVING- Jazzercise, Read AL About It!,
02:00p-4:00p Afternoon Liesure-All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared 04:00p-6:00p | Transition Time- Resident Dining | VD | with Music | 06:00p-8:00p | Community Connection- Evening | EC | of Games | EC |

All Day Solvere Connection

11

18

25

All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared

06:30a-6:30a GENTLE WARING- Shared Apt Memories
08:30a-10:30a ACTIVE LIVING- Jazzercise, Read CC All About Itl, Moming Crafting (Painted Feather)
02:00p-4:00p Afternoon Liesure04:00p-6:00p Afternoon Liesure04:00p-6:00p Transition Time- Resident Dining With Music
06:00p-8:00p Community Connection- Puzzle Time

Memories
08:30a-10:30a ACTIVE LIVING- Jazzercise, Read CC
All About Itl,
02:00p-4:00p Afternoon Liesure- Ladder Ball CC
Challange,
04:00p-6:00p Transition Time- Resident Dining VD
with Music 06:00p-8:00p Community Connection- Puzzle CC

PEACE

08:30a-10:30a Memories
ACTIVE LIVING- Stretching
Techniques, Read All About Iti,
Beauty Shop W/ Rebekah,
Manicures and Polish, 02:00p-4:00p Afternoon Leisure-04:00p-6:00p Transition Time- Resident Dining with Music 06:00p-8:00p Community Connection- Smart Board Games Veterans Day

12 All Day Solvere Connection
06:30a-8:30 GENTLE WAKING- Shared Memories Apt
08:30a-10:30a ACTIVE LIVING- Stretching CC
Techniques, Read All About Itt, All Day Solvete Connection
All Day Veterans Wall & 11am
06:30a-8:30a GENTLE WAKING- Shared Memories
08:30a-10:30a ACTIVE LIVING- Jazzercise, Read CC
All About Itl, 02:00p-4:00p

Beauty Shop W/ Rebekah,
04:00p-6:00p

Tansition Time- Resident Dining
with Music 02:00p-4:00p Afternoon Leisure- Basket Ball CC Challenge 04:00p-6:00p Transition Time- Resident Dining WI Music Community Connection- Puzzle CC Time 06:00p-8:00p
Community Connection- Smart
Board Games

All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared

05

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All Day Solvere Connection

06:30a-8:30a GENTLE WAKING- Shared Memories

Veterans

13 All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared
Memories
08:30a-10:30a ACTIVE LIVING- Jazzercise, Read All About Itl, Coupon Clipping
02:00p-4:00p
Afternoon Leisure04:00p-6:00p
Transition Time- Resident Dining with Music
06:00p-8:00p
Community Connection- Evening catching up with news

All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared

vith Music

02:00p-4:00p Afternoon Liesure-04:00p-6:00p Transition Time- Resident Dining

Memories

08:30a-10:30a ACTIVE LIVING- Jazzercise, Read CC
All About It, Coupon Clipping

06:00p-8:00p with Music Community Connection- Evening CC catching up with news

THANKSGIVING

04:00p-6:000 Transition Time- Resident Dining WD With Music 06:00p-8:00p Community Connection- Evening Catching up with news

All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared

14 All Day Solvere Connection

06:30a-8:30a GENTLE WAKING- Shared Memories

08:30a-10:30a ACTIVE LIVING- Stretching Techniques, Read All About Itl, Music Therapy

02:00p-4:00p Aftermoon Leisure- Worship Service CC with HOPE Church,

04:00p-6:00p Transition Time- Resident Dining with Music

06:00p-8:00p Community Connection- Evening of Games

All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared
Memories

08:30a-10:30a

Memories

ACTIVE LIVING- Stretching
Techniques, Read All About Itl,
Bethel Temple Thanksgiving

Lunch Outing, 02:00p-4:00p

Aftermoon Leisure- Worship Service CC with HOPE Church,
04:00p-6:00p

Tansition Time- Resident Dining vith Music
06:00p-8:00p

Community Connection- Evening of Games

—TODAY —

Always

All Day Solvere Connection
All Day Zems & Gems @ 9:30am
06:30a-8:30a GENTLE WAKING- Shared

Memories

08:30a-10:30a ACTIVE LINING- Stretching
Techniques, Read All About Itl,
02:00p-4:00p Afternoon Liesure-Worship Service
with HOPE Church,
04:00p-6:00p Transition Time- Resident Dining
with Music

06:00p-8:00p Community Connection- Evening of Games

07

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TOMORROW

15 All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared Memories
08:30a-10:30a ACTIVE LIVING- Jazzercise, Read CC All About Iti,
02:00p-4:00p Afternoon Liesure04:00p-5:00p Transition Time- Resident Dining with Music
06:00p-8:00p
Community Connection- Evening catching up with news

16 All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared Us:30a-6:30a den ILE WARING- Shared Memories

08:30a-10:30a ACTIVE LIVING- Stretching Techniques, Read All About Itl,

02:00p-4:00p Afternoon Leisure04:00p-6:00p Transition Time- Resident Dining with Music with Music 06:00p-8:00p Community Connection- Smart Board Games

All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared
Memories
08:30a-10:30a All Albout Itl,

02:00p-4:00p Afternoon Liesure04:00p-6:00pm Transition Time- Resident Dining with Music

06:00p-8:00p Community Connection- Smart Board Games

All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared

Memories
08:30a-10:30a ACTIVE LIVING- Stretching
Techniques, Read All About Itl,
Activity Packs
02:00p-4:00p Aftermoon Leisure- Connect

04:00p-4:00p

Artemoon Leisure- Connect
Hearing, TV Land w/ Friends

04:00p-6:00p

Tansition Time- Resident Dining
with Music

Community Connection- Smart
Board Games

09

23

All Day Solvere Connection

06:30a-8:30a GENTLE WAKING- Shared Memories
08:30a-10:30a ACTIVE LIVING- Stretching
Techniques, Read All About Itl,
02:00p-4:00p Afternoon Leisure04:00p-6:00p Transition Time- Resident Dining
with Music

with Music

06:00p-8:00p Community Connection- Smart Board Games

17 All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared
Memories

All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared

08:30a-10:30a Memories Memories (18:30a-10:30a ACTIVE LIVING- Jazzercise, Read CC All About Itl, 02:00p-4:00p Afternoon Liesure- CC (19:00p-6:00p Transition Time- Resident Dining With Music (19:00p-8:00p Community Connection- Evening of Games Community Connection- Evening EC (19:00p-8:00p Conn

24

10

08:30a-10:30a ACTIVE LIVING- Jazzercise, Read CC All About Itl, 02:00p-4:00p

Alt ADDULTIE,

Afternoon Liesure
O4:00p-6:00p

Transition Time- Resident Dining

with Music

Connection- Evening

EC 06:00p-8:00p with Music
Community Connection- Evening EC of Games

All Day Solvere Connection

06:30a-8:30a GENTLE WAKING- Shared Apt
Memories

08:30a-10:30a ACTIVE LIVING- Jazzercise, Read CC
All About It!,

02:00p-4:00p Afternoon Liesure- CC
04:00p-6:00p Tarnsition Time- Resident Dining with Music

with Music
06:00p-8:00p

Community Connection- Evening
of Games

All Day Solvere Connection 08:30a-10:30a GENTLE WAKING- Shared Apt Memories

Memories

All About Itl, 08:30a-10:30a Memories
ACTIVE LIVING- Stretching
Techniques, Read All About Itl,
Beauty Shop W/ Rebekah,
02:00p-4:00p Afternoon Leisure- Ken Nelson All About It,
02:00p-4:00p | Aftermoon Leisure- Com Hole
Challenge
04:00p-6:00p | Transition Time- Resident Dining with Music

06:00p-8:00p

Community Connection- Puzzle
Time

Music, Christmas Lights Around
Town @ 5:30p
04:00p-6:00p
Transition Time- Resident Dining
with Music
Community Connection- Smart
Board Garnes 26 All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared Us:30a-8:30a | CENTLE WARING- Shared | Memories | ACTIVE LIVING- Stretching | Techniques, Read All About Itl, | Beauty Shop W / Rebekah, | O2:00p-4:00p | Aftermoon Liesure- | Aftermoon Liesure- | With Music | Community Connection- Smart | Board Games | Active Community Connection- Smart | Board Games | October 10 |

27 All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared

Thanksgiving Day 28 All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared OBJULE WARING- Shared Memories

08:30a-10:30a

ACTIVE LIVING- Stretching
Techniques, Read All About It,
02:00p-4:00p

Afternoon Leisure- Birthday Bash,
04:00p-6:00p

Transition Time- Resident Dining
with Music

06:00p-8:00p

Community Connection- Evening
of Games

29 All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared 08:30a-10:30a Memories
08:30a-10:30a ACTIVE LIVING- Jazzercise, Read CC
All About Itl,
02:00p-4:00p Afternoon Liesure04:00p-6:00p Tansition Time- Resident Dining With Music
06:00p-8:00p Community Connection- Evening CC catching up with news

30 All Day Solvere Connection
06:30a-8:30a GENTLE WAKING- Shared 08:30a-10:30a Memories
08:30a-10:30a ACTIVE LIVING- Stretching
Techniques, Read All About It,
02:00p-4:00p
04:00p-6:00p
17ansition Time- Resident Dining
with Music
06:00p-8:00p
Community Connection- Smart
Board Games