



# Ask the Expert Series

Join us for the upcoming events in our Ask the Expert Series:

**Alzheimer’s Disease - Why Early Diagnosis Is Important**

Tuesday, July 23 at 4:30 – 6:00 pm

June is Alzheimer’s Awareness Month. Seleina Kirorei, NP, KHS Geriatrics will discuss why early intervention helps.

**Healthy Diet Management with Diabetes**

Tuesday, August 27 at 4:30 – 6:00 pm

Senior Services patient advocate will explain the best tips and tricks to succeed at managing your diabetes and diet.

**Stages of Dementia**

Tuesday, September 24 at 4:30 – 6:00 pm

Dr. Prem P. Gogia, MD, DPT, PhD is a clinician, researcher, educator and author in the healthcare field. Find out about his 30+ years of experience in physical rehabilitation and health management with a special focus on Alzheimer's dementia, palliative care, and hospice care.

Heartis is committed to successful aging through lifelong learning.

Call 281.392.2200 to RSVP and reserve your seat.

