# BE INSPIRED. EVERY DAY.

# ASSISTED LIVING AND MEMORY CARE

## HEARTIS SENIORS. LIVING.VINGE ORLAND PARK

# Welcome to Heartis Village of Orland Park BE INSPIRED. EVERY DAY.

At Heartis Village of Orland Park, we have a unique perspective on senior living that not only changes minds. It changes lives.

It's more than our commitment to quality, excellence and resident-centered service. It's more than trusting the operation of this community to the expertise, insight and innovation of Pathway to Living™.

Quite simply, we believe that a move to a senior living community is a natural step in the journey of life - a step that should be celebrated. After all, while one may need support to remain living an independent lifestyle, the desire for a full, active and meaningful life doesn't diminish.

That's the foundation on which our community is built. At Heartis Village of Orland Park, we provide the best of both worlds - exceptional care and an inspiring lifestyle.

Heartis Village of Orland Park is more than a warm, welcoming place to call home.

#### It's a place where you will be inspired. **Every day.**

# **ASSISTED LIVING**

Assisted living is an ideal solution for an older adult who is unable or no longer wishes to live alone, but still desires an active, engaging lifestyle.

Heartis Village of Orland Park provides personalized care that meets specific needs, as well as diverse programming for a lifestyle of meaning, engagement and fulfillment.

Our assisted living residents enjoy spacious apartments and the reward of **VIVA!**<sup>SM</sup> programming that offers endless opportunities to be involved and inspired every day.

If you're ready to take the next step of your journey, you deserve to live in a community as vibrant as you are.



- All-day dining available in The Grove Dining Room

- Scheduled bus transportation to shopping and outings
- All utilities, excluding telephone

# Balancing Care with an Active Lifestyle

#### Assisted Living Amenities and Services

- Private studio, one- and two-bedroom apartments
- Licensed nurse available 24 hours a day, 7 days a week
- Award-winning **VIVA!**<sup>SM</sup> wellness programming based on residents' interests, skills, involvement and desires
- Resident and family education and support
- Disease prevention, consulting and education
- Weekly housekeeping and laundry services
- Maintenance services
- Beautifully appointed common areas for socializing and entertaining
- Digital cable and free Wi-Fi



# A KNEW DAY® MEMORY CARE

A Knew Day<sup>®</sup> memory care takes person-centered care to new heights, offering a safe and secure environment while enriching the lives of residents with dementia. Innovative, forward thinking and dynamic, our program rekindles the spark in our residents.

It begins with learning each resident's life story - and shaping everything we do around that knowledge.

Being "in the know," we are able to adapt our program to meet individual needs and preferences.

We understand residents may need assistance with daily activities, such as getting dressed in the morning or preparing for bed. But we know they also want to be active, involved and engaged. They want to live life on their own terms.



### A Knew Day<sup>®</sup> Amenities

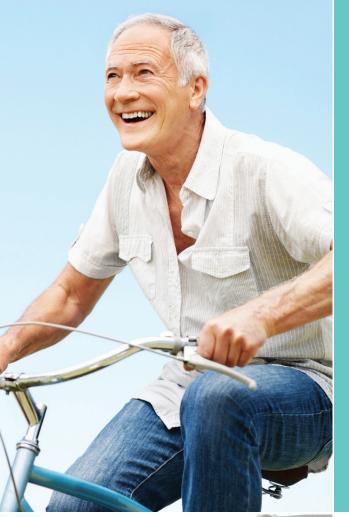
- Private studio apartment
- Country kitchen with dining room
- Living room
- Gathering room for programming
- Monarch Room, a multisensory environment that soothes and stimulates those with memory loss
- Sundara Salon and Spa
- Spa bath for assisted bathing
- Enclosed courtyard with walking path and raised gardens

#### A Knew Day<sup>®</sup> Services

- Three delicious, nutritionally balanced meals each day special diets available
- Medication management
- Access to licensed nurse 24 hours a day, 7 days a week
- Innovative and research-based programming daily
- Healthy snacks available around the clock
- Family education and support groups







# THIS IS YOUR LIFE!

Live It the Way You Choose.



At Heartis Village of Orland Park, we encourage residents to take an active role in their day-to-day lives. We're here to make sure you have every opportunity to live the life you choose.

Our community is bustling with activities - both planned and spontaneous! Residents may be in the library working on computers, improving balance in yoga class, tending to the plants and vegetables in the garden or planning a service project to benefit a local group. Every day is filled with meaningful ways to get involved with the community and make it your very own.

# DESIGNED For LIVING



### Private Apartments and Community Spaces

Heartis Village of Orland Park offers private apartments for both assisted living and memory care residents. In addition to their apartments, residents enjoy the varied and spacious community amenities that are extensions of their homes.

Our residents remain active - physically, intellectually and spiritually - living a life of purpose, meaning and fulfillment. We provide our residents with every opportunity to be inspired. Every day.

#### **Community Amenities**

- All-day dining in The Grove Dining Room
- The Village Theatre/Chapel
- Spacious community rooms host VIVA!<sup>SM</sup> programming
- Sundara Salon and Spa
- Heritage Library and Technology Center
- Courtyard with walking path and raised gardens
- Therapy gym
- Fitness center
- Doctor's suite

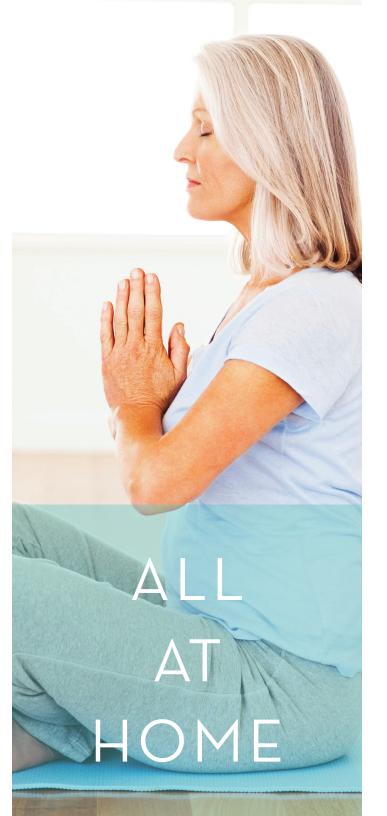
# HEALTH AND WELLNESS

Our residents have peace of mind knowing that all of their health and wellness needs will be met without having to leave their home! Residents who qualify are able to receive the following health services:

- Routine health and wellness program, including weight monitoring, blood pressure checks, nurse consultations, medication management and coordination of licensed medical services
- On-site primary care physicians and ancillary providers, including an audiologist and podiatrist
- Physical, occupational and speech therapies
- Home health services
- Psychiatric home health nursing
- Hospice services

Heartis Village of Orland Park also offers the following on site:

- Lab services and diagnostic testing
- Medication delivery
- A dietitian to oversee menus and provide consultations
- Medical supplies can be delivered to residents' apartments if needed





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708-444-1231 7420 W. 159th Street | Orland Park, IL 60462

heartisorlandpark.com

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